



Budding fashionistas in Mooldova.

Yes...

I want to make a donation to the Pedals for Progress Sewing Machine Program

My contribution of:

\$10  \$50  \$100 is enclosed.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

PEDALS FOR PROGRESS, 501 (c) (3)  
PO BOX 312 , HIGH BRIDGE, NJ 08829  
908.638.4811 , office@p4p.org  
OR  
DONATE ONLINE: [www.p4p.org](http://www.p4p.org)

Please make your check or money order payable to:  
*Help other people to sow a future and become economically independant. Donate today!*

Pedals for Progress has initiated sewing projects around the world with a great variety of partners.

A middle school home economics classroom on the island of St. Vincent in the Caribbean;



Middle school students in St. Vincent.

Cooperatives of young women in Moldova, Georgia, Krygystan; A Technical Institute in Uganda which after teaching a basic sewing class has distributed 270 sewing machines to its pupils. 456 machines



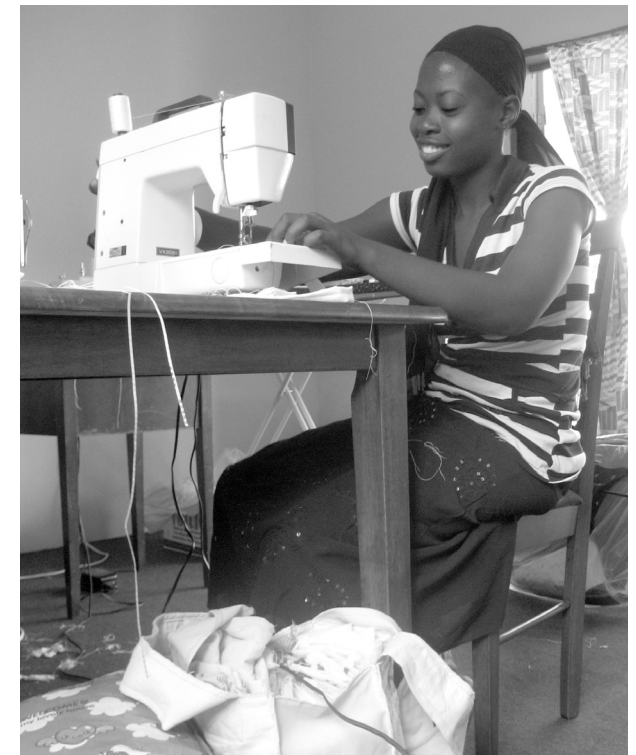
The Burqua factory in Yemen.

to Ghana. A burqa factory in Yemen . A great number of individual entrepreneurs in Nicaragua (320), El Salvador (533), Guatemala(220), Costa Rica (18).

# Pedals for Progress

a New Jersey non-profit corporation

## Sewing Machine Program



## The Problem:

The poorest individuals in developing countries need work. Finding work, much less a career, in developing countries can require a Herculean effort. The barriers are often impossibly high and include widespread unemployment, limited education, inability to acquire credit, and discrimination. On top of this, many developing countries simply lack the industries, infrastructure, and robust economies that can keep people working.

## The Solution:

A portable sewing machine, used, but in working condition is a job, period.



Juan Carlos & Migdalia, Rivas Nicaragua

In 2000, P4P sent its first sewing machine and discovered that these machines are in demand in the same places where our bicycles have changed so many lives for the better. Plenty of unwanted portable sewing machines exist in people's homes. They're often headed for a landfill or languishing in a closet.



Partner in Guatemala makes school uniforms.

Overseas, seamstresses and tailors alike can acquire their most valuable tool and begin a business. Students can learn to sew—many of these machines will outfit programs in schools, teaching people a valuable skill they can use anywhere.

How can we export good used sewing machines overseas? Pedals for Progress (P4P) is a non-profit charity seeking useful used items destined for U.S. landfills, donating them overseas where they can become productive assets for the poor. P4P has maintained active bicycle recycling programs in foreign countries for 22 years. P4P's bicycle programs are so well established that the distribution channels for used sewing machines already exist with our overseas partners. The sewing machines go to non-profit vocational education, small business, community service programs and individuals.

**How You Can Help : Donate  
a portable sewing machine  
and \$10 (minimum donation).**

In the developing world, a portable sewing machine is a vital workaday tool. Brand new, these are priced well out of reach of the working poor. Which is why your help is so critical. By including these machines with our bike shipments, we've managed to significantly defray their shipping cost.

Other non-bike locations have higher shipping costs as we need to airfreight the machines, larger cash donations help us provide someone with a most valuable asset—the means to earn a decent living in more remote locations.

In a shipment of used bicycles to the Rotary Club of Monte Cristi in the Dominican Republic, we included the first 17 machines—and a new P4P sponsored initiative was born. 12 years later, 2,300+ sewing machines have been shipped!

Sewing machines provide a direct means of financial independence for the men and women struggling to support their families in these emerging economies. Let these people help themselves by supplying them with a tool with which to work. That old sewing machine gathering dust!