How P4P Bikes Help
In developing countries, a bicycle is as important to a family's welfare and well-being as a car is here. Too often, though, families don't have a bike and must walk everywhere. A bike from P4P changes this overnight. Instead of walking at three or four miles per hour, someone can pedal a bike at 10 to 15 miles per hour. Destinations once hours away—such as work, school, health facilities, and markets—are easily accessible with a bike. Think about all the places you need to go in the course of a week. With no public transportation and no car how would you get to them?

Please donate today at www.p4p.org
Or call 908.638.4811

Cost Per Bike
How many bikes does your donation ship? It takes $45 to ship one bike overseas, $90 for two bikes, and so on. Naturally, we're happy to get any amount, but if you'd like to ship a specific number of bikes, simply multiply that number by $45. Then donate that amount to us and we'll do the rest.

AWARDS AND ACCOLADES
We believe we do great work. Thankfully, over the years others have said so rather eloquently on our behalf.
2017 NJDEP Recycling Award
2008 CNN Hero
2006 Forbes Enterprise Award
2003 World Aware Business Award
2001 Discovery Award
2000 Rolex Enterprise Award
1997 Sargent Shriver Award
    for Humanitarian Service

PEDALS FOR PROGRESS, 501(c)(3)
P.O. BOX 312, High Bridge, NJ 08829
908.638.4811, office@p4p.org
www.p4p.org

Putting used bikes to good use
Our Bikes Are More Than Bikes
Providing affordable, nonpolluting transportation to the working poor of the world is what we do. And because we can only do this with your help, you are a vital partner in this amazing endeavor, and, yes, the results we’ve achieved are just that, amazing.

Recycling
Since we began in 1991, we’ve prevented more than 156,000 bikes from entering our waste stream. Instead, over 156,000 families are living better lives because they have the simple mobility of a bicycle.

Transportation
When people who have been walking all their lives suddenly become four to five times more mobile, jobs, schools, health facilities, markets, friends, and family are all much more accessible. This is a tremendous boost to the people who receive our bikes—the working poor of the world.

Business
As more and more P4P bikes arrive in a given town or village, a bike shop becomes necessary, creating new and permanent jobs. The local infrastructure must also include bikes, making a permanent place for non-polluting transportation. And as affluence increases, more money is put back into the community through greater spending and the creation of new businesses.

What we do is an effective means of economic aid.

Sewing Peace
In the U.S., just as bikes are mostly ridden for recreation, sewing machines are typically enjoyed by hobbyists. And like bikes, many sewing machines sit dormant and unused in American homes. In the developing world, however, a sewing machine means business. Possess one and you can become self-sufficient financially.

We’ve had enough call for sewing machines from our overseas partners that we decided to create our sister project, Sewing Peace. Happily, used sewing machines fit easily in our overseas containers, which get packed to the gills with bikes. As we close up the cargo doors, the remaining space can usually hold half a dozen or more used sewing machines. We now also make shipments of sewing machines only, which are cheaper than shipping whole containers and can go to groups that do not have bicycle programs.

A donated sewing machine must be in working order, and like our bikes, come with a minimum $10 donation.

P4P Recipient Programs
We’re often asked why we don’t distribute the bikes we collect to communities in the U.S. In the past, we have. But now there are other groups that do distribute bikes in the U.S. and they do excellent work. Most of our overseas partners are in regions poorer and with a weaker safety net than even the least well off communities in the U.S. Our mission is to provide transportation to the working poor of the world. And to do so, we go overseas where a used bike has a value it doesn’t have here.

Active Programs and Bikes Shipped

<table>
<thead>
<tr>
<th>Country</th>
<th>Bikes Shipped</th>
</tr>
</thead>
<tbody>
<tr>
<td>Albania</td>
<td>6,902 bikes</td>
</tr>
<tr>
<td>Guatemala</td>
<td>9,865 bikes</td>
</tr>
<tr>
<td>Kosovo</td>
<td>450 bikes</td>
</tr>
<tr>
<td>Tanzania</td>
<td>469 bikes</td>
</tr>
</tbody>
</table>

Total Bikes Shipped since 1991
All Programs
156,836