



Pedals for Progress has initiated sewing projects around the world with a great variety of partners.

A middle school home economics classroom on the island of St. Vincent in the Caribbean.



Cooperatives of young women in Moldova, Georgia, Krygystan. A Technical Institute in Uganda which after teaching a basic sewing class has distributed 377 sewing machines to its pupils. 733 machines to Ghana. A burqa factory in Yemen has received 60

machines to date. A great number of individual entrepreneurs in Nicaragua (349), El Salvador (609), Guatemala (338), Tanzania (406).



# Sewing Peace



The sewing machine program of  
**Pedals for Progress**  
A New Jersey non-profit corporation



Yes . . .

I want to make a donation to the Pedals for Progress Sewing Peace Program

My contribution of:

\$10    \$50    \$100 is enclosed

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

**PEDALS FOR PROGRESS, 501(c)(3)**

**P.O. BOX 312, High Bridge, NJ 08829**

**908.638.4811, lori@p4p.org**

**Donate online at [www.p4p.org](http://www.p4p.org)**

Please make a check or money order payable to:

**Pedals for Progress Sewing Peace**

Help other people sow a future and become economically independent. Donate today!

[www.p4p.org](http://www.p4p.org)

## The Problem

The poorest individuals in developing countries need work. Finding work, much less a career, in developing countries can require a Herculean effort. The barriers are often impossibly high and include widespread unemployment, limited education, inability to acquire credit, and discrimination. On top of this, many developing countries simply lack the industries, infrastructure, and robust economies that can keep people working.

## The Solution

A portable sewing machine, used, but in working condition is a job, period.



In 2000, P4P sent its first sewing machine and discovered that these machines are in demand in the same places where our bicycles have changed so many lives for the better. Plenty of unwanted portable sewing machines sit in the U.S., often headed for a landfill or languishing in a closet.



Overseas, seamstresses and tailors alike can acquire their most valuable tool and begin a business. Students can learn to sew — many of these machines will outfit programs in schools, teaching people a valuable skill they can use anywhere.

How can we export good used sewing machines? Pedals for Progress (P4P) is a non-profit charity seeking useful used items destined for U.S. landfills, donating them overseas where they can become productive assets for the poor. P4P has maintained active bicycle recycling programs in foreign countries since 1991. P4P's bicycle programs are so well established that distribution channels for used sewing machines already exist with our overseas partners. The sewing machines go to our overseas partners, non-profit groups that offer vocational education, and small-business and community development.

**How You Can Help:  
Donate  
a portable sewing machine  
and \$10 (minimum  
donation)**

In the developing world, a portable sewing machine is a vital workaday tool. Brand new, these are priced well out of reach of the working poor. By including these machines with our bike shipments, we've managed to significantly defray their shipping cost. For non-bike partners, we've developed cost-effective ways to ship smaller loads that contain sewing machines only. And the Sewing Peace brand gets us easier access to sewing groups in the U.S. who may not be interested in hearing from a bicycle non-profit like Pedals for Progress.

In a 1999 shipment of used bicycles to the Rotary Club of Monte Cristi in the Dominican Republic, we included the first 17 sewing machines, and a new P4P initiative was born. Since then, we've shipped more than 4,400 sewing machines!

Sewing machines provide a direct means of financial independence for the men and women struggling to support their families in these emerging economies. Let these people help themselves: supply them with a tool with which to work—that old sewing machine gathering dust!

